



OhioGuidestone

WHERE NEW PATHS BEGIN

Wellness Workshop & Dinner

*Presented by OhioGuidestone's Corey Fling, LPCC-S
& Nicole Piatek, MPH, CHES*



**TYLER'S
REDEMPTION
PLACE**

A RECOVERY COMMUNITY ORGANIZATION

HOME OF **HOPE**
UNITED

**Friday, April 12th 2024
6:00pm–8:00pm**

**Tyler's Redemption Place
2484 Sanitarium Road
Akron, OH 44312**

Please join us for this dynamic workshop to explore the eight wellness dimensions: emotional, physical, occupational, social, spiritual, intellectual, environmental, and financial. Attendees will learn practical strategies to promote good health, well-being, quality of life and set wellness goals.

No pre-registration is necessary, all are welcome!
Dinner will be included.

*For questions about the event, please contact
Tyler's Redemption Place at 1-330-794-5023.*

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